# "ENSURING THE BLESSINGS WE HAVE RECEIVED WILL BE SHARED WITH GENERATIONS TO COME"



Dear Father Mick Fleming,

God desires eternal life for the whole world.

This passage from John holds the heart of the Gospel that God loves us so much that he would send his Son to save the whole world. It is his longing, his vision, his greatest desire that each and every one of us would let him love us into eternal life. What would happen if our neighbours felt this longing through our love for them? Imagine if our families, friends, and neighbours knew us as Christians who overwhelmingly wanted them to know God's eternal love and life. All too often, we delight in judging others, feeling superior, hoping for those who hurt us to get punished. In these last weeks of Lent, let us offer our sacrifices especially for those we find hardest to love. May we long for the salvation of the world as much as God does.

Prayer of the Faithful: For the whole world to know the gift of God's eternal love and life, we

#### pray to the Lord.

**Prayer:** God who so loves the world, draw us into your longing for the salvation of all people. Find us at the edges of our own irritation and injury, praying and sacrificing for the salvation of those we find hardest to like. To love as much as you love, merciful Father, we pray to the Lord.

# CCCB: Canadian Conference of Catholic Bishops

NATIONAL PASTORAL INITIATIVE FOR LIFE AND THE FAMILY

Diocesan Prayer Intention: We pray as a diocesan family for protectors of the Earth around the world who care for species and preserve the biodiversity of the Earth, our common home.

Development and Peace prayer

intentions: https://www.devp.org/sites/www.devp.org/files/documents/materials/en\_prayer\_web.pdf)

# Bishop's Message for Share Love, Share Lent

-Bishop Mark Hagemoen has written a letter encouraging support for this year's Share Love, Share Lent campaign by Development Peace / Caritas Canada. Find the bishop's message at: https://rcdos.ca/bulletin/share-lent-2021/

- Share Love, Share Lent: Together in solidarity with our sisters and brothers in the Global South - please donate generously this coming Solidarity Sunday, March 21, 2021
- You can also become a monthly donor and have year-long contributions matched, thanks to the support of religious communities across Canada. Not only will you double your impact, but you will also automatically become a member of Development and Peace. For inspiration, info and to donate, visit
  - https://www.devp.org/en/campaig n/sharelove
- Share Love, Share Lent: In solidarity with communities in crises -Development and Peace provides humanitarian aid to communities coping with climate change, conflict and natural

disasters in over a dozen countries. This includes Rohingya refugees and their host communities in Bangladesh. Please pray for communities affected by crises and help us to keep supporting them by contributing to the collection on the Fifth Sunday of Lent. For inspiration, information and to donate.

visit devp.org/en/campaign/sharelove

Share Love, Share Lent: Strengthening vulnerable communities - Development and Peace supports and assists communities in speaking for and taking charge of their own development. In keeping with the Catholic Social Teaching principle of participation, let your Lenten journey make a difference in the world. Learn about the work of Development and Peace / Cariitas Canada, and consider giving to help sustain it. For inspiration, information and to donate, visit ww.devp.org/en/campaign/sharelove



# A Blessing Not a Burden

Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.

Matthew 25:40

Coalition for HealthCARE and Conscience

# **Expansion of Euthanasia: Opposing Bill C-7**

On March 11, the House of Commons passed an amended version of Bill C-7, An Act to Amend the Criminal Code (medical assistance in dying), loosening rules and expanding eligibility for medically-provided euthanasia / assisted suicide (including for disability and mental illness). The amended bill now returns to the Senate. Please continue to pray and to work to oppose Bill C-7, which threatens vulnerable Canadians. Find links to statements from the CCCB and from other groups opposing Bill C-7 on the diocesan website at:

https://rcdos.ca/euthanasia

Threat to conscience and to moral dissent in Bill C-6 (conversion therapy ban) In a statement about Bill C-6 on Oct. 7, 2020, the CCCB states: "The Bill makes no provision for legitimate diversity concerning viewpoints on human sexuality arising from religious beliefs, from philosophical debate, or from scientific and medical study; nor does it make any provision for conscientious dissent related to such matters in forums of teaching or public presentations." Find links to statements and information at: <a href="https://rcdos.ca/bill-c-6-conversion-therapy-ban">https://rcdos.ca/bill-c-6-conversion-therapy-ban</a>.



# April 7 & 8, 10 a.m. to 3 p.m.

Offered in person and online for all clergy, staff, and volunteers working with young persons or vulnerable adults. Two identical one day sessions will be held. Registration details will be sent to parishes soon.

For more information contact:

Brenda FitzGerald

bfitzgerald@rcdos.ca | 306.659.5834



#### A Safeguarding Continuing Education and Orientation Day

will be offered in the Roman Catholic Diocese of Saskatoon with a choice of two dates April 7 or April 8. An identical one-day session will be offered both days, available in person or online for all clergy, staff, and volunteers working with children, young persons, or vulnerable adults. Registration details will be available soon. For more information contact Safeguarding Committee Chair Brenda Fitzgerald at <a href="mailto:bfitzgerald@rcdos.ca">bfitzgerald@rcdos.ca</a> (You can find the diocesan Safeguarding "Covenant of Care" policies and Safeguarding Action Plan on our diocesan website: rcdos.ca/safer-church)

# **ARISE**

# Catholic women's retreat offers hope and inspiration during pandemic year

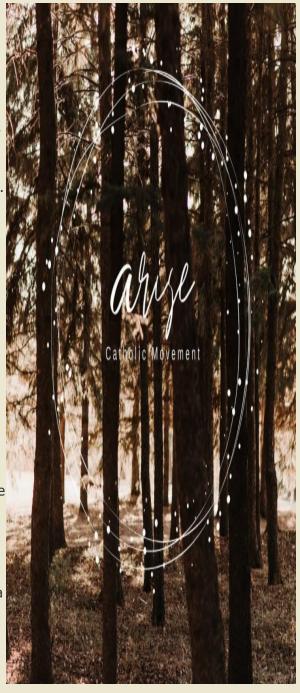
Partnering with the Roman Catholic Diocese of Saskatoon and Saint Anne Parish, Saskatoon, the Arise Catholic Movement team will launch this year's online retreat on **Saturday**, **May 1**.

Entitled "Arise: Put On the Amour of Light," the video retreat has been inspired by a scripture passage from Romans 13:11-12: "You know what hour it is, how it is full time now for you to wake from sleep. For salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armour of light."

Speakers include Heather Khym, Debbie Herbeck, Mary Bielski, Rachel Herbeck, and Bishop Scott McCaig, bishop to the Canadian military ordinariate.

Saskatoon Bishop Mark Hagemoen of the Diocese of Saskatoon will also bring a message to participants. Although participants are able to journey through the retreat day on their own, organizers are encouraging women to gather in small groups, in accordance with COVID-19 precautions, to experience the "Arise: Put on the Armour of Light" retreat in a community context -- in a home, or as a parish event, following all Covid regulations. Tools and guidance for retreat hosts will be available via Zoom. To learn more or to register for *Arise: Put On the Armour of* 

Light visit: https://arisecatholicmovement.ca

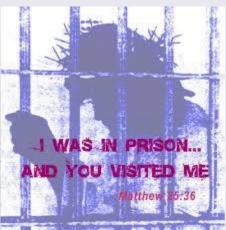


Register Now as an Individual, a Hostess, or a Parish



## **URGENT!** Retrouvaille helps hurting marriages!

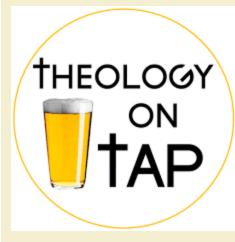
When couples experience difficulties in their marriage, they often feel alone; like there is no one who can help them. Retrouvaille can offer you a lifeline for your marriage. Please consider registering for the Retrouvaille (pronounced retro-vie) program before you consider separation or divorce. For confidential information about or to register for the weekend in Saskatoon **April 9-11, 2021** call (306) 652-7155 or email: retrouvaille@sasktel.net



# Easter outreach at the prison

The diocesan Restorative Ministry Office is again seeking monetary donations in order to purchase chocolate bunnies for those in prison, as part of Easter outreach at the Saskatoon Correctional Centre. This project lets the men know they are not forgotten at this most holy season marking the passion, death and resurrection of Jesus Christ. Monetary donations can be dropped off or mailed to Restorative Ministry, Catholic Pastoral Centre, 123 Nelson Road, Saskatoon, SK. S7S 1H1. (A donation of money rather than chocolate ensures that identical treats can be purchased). You can also give online by going to <a href="https://dscf.ca/designated-ministry-support/">https://dscf.ca/designated-ministry-support/</a> and choosing "Restorative Ministry Fund (Prison)" in the designation drop-

down box, and then typing "Easter Chocolates" into the optional Comments Box.



Theology on Tap: For young adults 19 to 35

Theology on Tap is now on-line! Our next session will appear Wednesday, March 17<sup>th</sup> ...Happy St. Patrick's Day! Mark your calendars, you don't want to miss this opportunity to see the latest T on T interview with Sr. Michelle Garlinski from Winnipeg! All are welcome! Theology on Tap can be found on FaceBook at https://www.facebook.com/saskatoonTonT

Theology on Tap has been running for over 15 years here in Saskatoon, serving students and young adults of the Roman Catholic Diocese of Saskatoon, and the Saskatoon Eparchy. It is the best in conversation on faith topics in a casual and comfortable setting...it's now on-line, what could be more comfortable than your home? If you have any questions, or

need more info, email Michael in Campus Ministry at St. Thomas More College at mmaclean@stmcollege.ca

# **Inspire Our Nation: Overcome**

**Inspire Our Nation:** *Overcome* is a free online ecumenical youth event to be held from 3 p.m. to 4:30 p.m. **Saturday, March 13**.

The vision of the event is to bring youth of all backgrounds and cultures together from all over Saskatchewan to inspire them to overcome their struggles, find their identity in Christ and become influencers for God's kingdom. Come ready to be inspired by stories of overcoming presented by speakers from across Canada, through music, spoken word and interactive storytelling by Scribe Music and Legacy One.

Youth leaders, parents, caregivers and teachers are also invited to attend for an interactive session with Cheryl Nembhard, award-winning filmmaker, playwright and social advocate who uses her powerful message to influence youth across Canada. To register and/or for more info about the 8-week online follow-up program go

to: <a href="https://www.inspireournation.com">https://www.eventbrite.ca/e/inspire-our-nation-overcome-tickets-137680464977?aff=ebdssbonlinesearch</a> or contact Curtis Wagner: <a href="mailto:cbwagz@gmail.com">cbwagz@gmail.com</a>

# **Register Now for Inspire Our Nation**

# **Journey through Lent**

The Canadian Conference of Catholic Bishops (CCCB) has introduced *Journey Through Lent*, a new video series that offers reflections on Gospel readings for each Sunday in Lent.

As Canadian Catholic faithful continue to experience the pandemic's challenging realities, this series

is meant to be a source of deep spiritual solace and insightful pastoral preparation for Easter.

For each Sunday of the season, the videos will feature the Most Reverend Gerard Bergie, Bishop of St. Catharines and the Most Reverend Marcel Damphousse, Archbishop of Ottawa-Cornwall. They provide meaningful spiritual and pastoral reflections for individuals, families and communities as they prepare to celebrate the passion, death and resurrection of Jesus Christ. The videos, a collaboration between the CCCB's *Office national de liturgie*, the National Liturgy Office, and the Office for Evangelization and Catechesis, will be available on the CCCB website. The CCCB offers several ways to follow the series and stay informed: Bookmark the home page of the CCCB website <a href="https://www.cccb.ca/">https://www.cccb.ca/</a>

Subscribe to the CCCB's email news service <a href="https://www.cccb.ca/news/subscribe/">https://www.cccb.ca/news/subscribe/</a>

Subscribe to the CCCB's YouTube channel https://www.youtube.com/user/cccbadmin/

Follow the CCCB on Twitter @CCCB\_CECC.



# From Mourning to Dawn

From Mourning to Dawn is the diocesan grief support group for widows and widowers. Program facilitators (who have also experienced the death of a marriage partner) engage with participants on an eight-week journey of transformation and healing, offering support and encouragement for bereaved spouses.

Open to participants who have been widows/widowers between two months and two years, the program will be offered as an afternoon session and/or an evening session (depending on number of registrations), held weekly on Tuesdays, beginning March 30, 2021 and ending May 18, 2021, at the Catholic Pastoral Centre, on the second floor of the Cathedral of the Holy Family, 123 Nelson Road, Saskatoon.

The in-person sessions will abide by COVID-19 restrictions. Cost of this program is \$35. To register or for more information, contact Dianna Knaus at <a href="mailto:dknaus@sasktel.net">dknaus@sasktel.net</a> or (306) 382-0535.

# Register Now - Mourning to Dawn - March 30 - May18

# **Employment Opportunity Executive Director**

# for the Diocese of Saskatoon Catholic Foundation

The Diocese of Saskatoon Catholic Foundation, Inc., supports the priorities of the Roman Catholic Diocese of Saskatoon for all stewardship initiatives through education and communications, volunteer recruitment and training, and increased revenue development through annual campaigns, major and planned gifts.

Reporting to the Board of Directors of the Diocese of Saskatoon Catholic Foundation, the Executive Director (ED) will oversee a Foundation staff of three and is responsible for planning, implementing and C A T H O L I C F O U N D A T I O N

DIOCESE of SASKATOON

evaluating the fundraising efforts in support of the parishes and diocesan services of the Roman Catholic Diocese of Saskatoon.

The ED is responsible for leading and strengthening a comprehensive fundraising program in support of the Foundation's mission and goals. Specific emphasis is focused on Annual Giving, Major Giving, Planned Giving, Grants and Events. Find more details about responsibilities, qualifications, and other information at <a href="https://rcdos.ca/employment">https://rcdos.ca/employment</a> To Apply: submit cover letter and resume electronically by 5 p.m. April 9, 2021 to Diocese of Saskatoon Catholic Foundation (Attention: Cathie) <a href="mail:admin@dscf.ca">email:admin@dscf.ca</a>

# To Apply - Submit your Cover Letter and Resume

Teen-Aid Saskatchewan invites entries for a speech contest, with scholarship prizes to be awarded to three students graduating high school in 2021. Speech Topic: "How chastity has impacted your life and what role it can play in today's marriages, families and society?" Awards:

First Place: \$1,000 / Second Place: \$500 / Third Place: \$300. Deadline: March 31, 2021. To Enter: submit your speech in written form to Teen-Aid SK <a href="mailto:teenaidsk@gmail.com">teenaidsk@gmail.com</a> or 535 8th Street East Saskatoon, SK S7H OP9. Speeches should be approximately 1,000 words. If e-mailing your essay,

please submit it as a separate attachment in a .doc or .pdf format. Semi-finals will be held in mid-April 2021, and then three finalists will advance to the provincial speech contest.

#### **TEEN-AID PARENT WORKSHOP**

## CHASTITY—EQUIPPING YOUTH TO THRIVE IN A CONFUSING WORLD

will be held at 7 p.m. **Wednesday, March 17** at Our Lady of Lourdes gym, 12th St. E. and Wiggins Ave. Saskatoon.

Teen-Aid believes that parents are the primary educators for their children and is offering an winperson parent workshop and resource booklet designed to empower parents to promote a respectful and freedom-based lifestyle for teens.

This is an evening of life-giving and nurturing information, providing tools to encourage a lifestyle that protects the mind, the heart, the body and soul. This presentation is for parents with children from ages 11-19. In keeping with government regulations, attendance is capped at 30 people and masks are required. Seating arrangements will accommodate physical distancing.

Registration is required. A Parent Booklet will be provided (donations are appreciated). For free registration or more information, please contact Florence Paquette at teenaidsaskatoon@gmail.com or 306-221-1838. Email is preferred method of registration.

#### Saskatoon Pro-life Fundraiser

The Knights of Columbus In Support of Life annual fundraiser will proceed this year as a free virtual event at 7:00 p.m. **Thursday, March 25**, which is the Feast of the Annunciation, as well as the International Day of Prayer for the Unborn Child.

The virtual event will be held on Zoom, with entertainment, presentations from the various groups that the pro-life fundraiser supports, and an online auction. The online auction started March 1 and closes March 25. If the successful bid is more than the value of the item, the bidder will receive a charitable receipt for the difference.

A complete program of auction items will be available soon, with Queen's House providing the technology.

Groups supported by the K of C In Support of Life committee in the past include: Saskatoon Pregnancy Options Centre, Teen Aid, National Campus Life Network, Campaign Life, Alliance for Life, Fountain of Hope, Silent No More and Rachel's Vineyard. For further information please contact John Cook at 306-477-1748 or Louis Roth at 306-249-2764 or e-mail kofcisol@gmail.com or visit the Saskatchewan



Knights of Columbus website <a href="https://kofcsask.com/saskatoon-pro-life-fundraiser/">https://kofcsask.com/saskatoon-pro-life-fundraiser/</a> (Please note that you can participate in the online auction or donate to the fund-raiser even if you do not plan to take in the Zoom entertainment and presentations March 25.)

**To Support and Participate Saskatoon Pro-Life** 



# Bill C-15: Step Forward or Step Back?

Tuesday March 16 2021, 6:00 p.m. in AB/ SK.

Join us for diverse Indigenous perspectives on the federal bill to implement the United Nations Declaration on the Rights of Indigenous Peoples.

Speakers Mary-Ellen Turpel-Lafond (Aki-Kwe), Sylvia McAdam (Saysewahum), and Brenda Gunn, all lawyers and professors, will share different perspectives on the federal bill to implement the UN Declaration on the Rights of Indigenous Peoples.

The discussion will be moderated by Maureen Johns, Director of Education at Pasqua First Nation. This online event is organized by KAIROS Prairies North. Register online at: <a href="https://bit.ly/2Pjos2E">https://bit.ly/2Pjos2E</a> (The Zoom

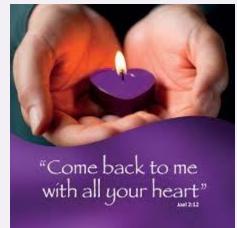
link will be sent automatically: check your spam folder.)

#### \* Verbum Dei Lenten Retreat -

## "Come back to me"

will be presented in a number of parishes by the Sisters of the Verbum Dei Missionary Fraternity, who recently arrived in our diocese. Please contact individual parishes for information about registration. The schedule includes retreats at the following parishes:

- St. Augustine Parish, Saskatoon: Thursday, March 18 from 9:00 a.m. to 11:30 a.m. – PLEASE NOTE THE CORRECTED DATE
- St. Mary Parish, Saskatoon: Saturday, March 20 from
   9:30 a.m. to 12:00 p.m. after morning Mass (306-244-2983)



# St. Paul Co-Cathedral 7-week Marriage Preparation

course called "Christ in the Middle" runs Tuesday evenings, March 16 to May 4, from 7 pm to 9 pm (with one week off for Easter.) Sessions are also offered via Zoom. If you're interested in finding out more, please contact Pastoral Associate Angela Penna at 306-

# **Marriage Preparation**

# **Immaculate Heart of Mary Parish in Martensville**

The next session will be held April 9-10, 2021. For more information, please call Marilyn and Ken Jackson at (306) 249-3635 or contact the parish office at (306) 931-3111 or email <a href="mailto:ihmp@rcdos.ca">ihmp@rcdos.ca</a>

# The Billings Ovulation Method®

The official site of the Billings Ovulation Method



Fertility education opportunity:

**Billings Ovulation Method**® Teacher Training Webinars will begin April 2021. This program is the first step required to become an Accredited BOM Teacher. Participants gain knowledge and skills to provide fertility education suited to every season of reproductive life. Simplicity and solid science come together for the welfare of marriages and children. For more details and to register, visit <a href="https://billingslife.ca">https://billingslife.ca</a>



# **CWL Social Justice Award**

The Saskatchewan Provincial Council of the Catholic Women's League of Canada has established a Social Justice Award for young women between the ages of 18-35 years. The \$1,000 award may be given to one candidate or divided among qualified applicants to finance participation in a reputable social justice activity, either at home or abroad. Application deadline is June 15, 2021. Contact Mary Nordick at (306) 374-5612 or email m.nordick@sasktel.net

# "Defending the Faith"

The San Lorenzo Ruiz Council of the Knights of Columbus in Saskatoon presents a continuing lecture series "Defending the Faith" with both in-person attendance (in accordance with COVID-19 restrictions) and online Zoom participation. Registration is required for all events in the series. Phone 306-717-8239 or e-mail <a href="mailto:emmanuel.capulong23@gmail.com">emmanuel.capulong23@gmail.com</a>



"Defending the Faith through the Armour of Christ" will be presented by Fr. Gerard Cooper at 7:00

p.m. **Saturday, March 20** at St. Francis Xavier Church, 222 Willow Street, Saskatoon, in-person as well as via Zoom. Registration is required. (306-717-8239).

"Vivat Jesus, Faith and Action" will be presented by Fr. David Tumback at 7:00 p.m. Thursday, May 6 at St. Patrick Church, 3339 Centennial Drive, Saskatoon in-person as well as via Zoom.



# Rachel's Vineyard Ministry 2021 Retreat:

Are you hurting because of an abortion?

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and nonjudgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing.

The next Rachel's Vineyard retreat in Saskatchewan will be held **Oct 22-24**, **2021**.

To register, please contact Elaine at 1-306-480-8911 or email: <a href="mailto:r.vineyardsk@sasktel.net">r.vineyardsk@sasktel.net</a>

# **Catholic Saskatoon News**

The Roman Catholic Diocese of Saskatoon has an online news page of articles, reflections and updates at <a href="https://news.rcdos.ca">https://news.rcdos.ca</a>. Visit the Catholic Saskatoon News site to subscribe to receive weekly email notifications about the latest headlines.

UPDATE YOUR CONTACT INFORMATION

Stewarding God's Gifts - Partner with your Parish PROCLAIN CHRIST SUPPORT THE BISHOP'S ANNUAL APPEAL

# **QUEEN'S HOUSE RETREAT & RENEWAL CENTRE**

601 Taylor Street W, Saskatoon, SK S7M 0C9

Phone: 306-242-1916 • Email: receptionist@queenshouse.org • Website: www.queenshouse.org

Queen's House Retreat & Renewal Centre welcomes you!

Our programming combines in-person and online events using Zoom. See the webpage for a list of all upcoming programs and to register: http://www.queenshouse.org/?page\_id=4399

# Queen's House 10<sup>th</sup> Annual Spring Fling Lottery

in support of Oblate Retreat Ministry

Find more information online at http://www.queenshouse.org/?page\_id=7763 or call (306) 242-1916.

A winner will be drawn each day in May. Monday to Friday winners are awarded \$150 daily. Saturday and Sunday winners are awarded \$225. A special Mother's Day draw will award \$1,000. Enhance your chances to win by also purchasing a 50/50 ticket with your daily draw ticket. Cost: 1 ticket - \$10 / 3 tickets - \$27 / 6 tickets. - \$48 / 10 tickets \$70 / 20 tickets -\$100. This fundraising raffle is more important in these Covid times than ever. Please consider supporting Oblate Retreat Ministry now and into the future.

Nourish Your Mind and Nurture Your Spirit at Queen's House! For inquiries / additional information contact Sarah Donnelly, Programming Director: 306-242-1916 x226.

#### **Centring Prayer**

– All are welcome to gather in-person at Queen's House, 601 Taylor St. W., Saskatoon, or virtually on Zoom from 7:00 p.m. to 8:15 p.m. Monday evenings for centring prayer. Fr. Paul Fachet, OMI will provide leadership and guidance for these gatherings. Additional insights regarding contemplation and centring prayer from the great teachers will be part of every evening. No fee – donations to Queen's House are welcome. Register online to receive the Zoom invitation or to let us know that you will be coming in person. This group does not meet on holiday Mondays. The next gathering is Monday, March 15. Registration deadline is noon March 15. Please register online for this program at <a href="https://gh.retreatportal.com/events/f?p=EVENTS:1">https://gh.retreatportal.com/events/f?p=EVENTS:1</a> or leave a message at (306) 242-1916.

#### **Restart: Building Separation & Divorce Resilience**

with Madeline Oliver will be held Wednesday evenings, from 7 p.m. to 8:30 p.m. as an online program using Zoom - come to one or several sessions. This offering uses a discussion format and draws on the tools in the book Rebuilding: When Your Relationship Ends. Themes that will be discussed include: denial, fear, adaptation, loneliness and friendship. Participants must contact Madeline to register - call or text (306) 361-9318 or email pmolivebranch@gmail.com. Cost: \$20/session. Find more information at Olive Branch Marriage and Family

Ministry: www.olivebranchministry.ca

# **Bereaved Caregivers: Living Through Loss**

with Brenda Gibbs will be held Wednesday afternoons offered as an online support group using Zoom – come to one or several gatherings. Caregivers have often experienced years of anticipatory grief caused by the cumulative losses that occurs when a family is expecting a death. Now the vigil is over, and the final grief can be intense. No one grieves the same and there is no single recipe or formula to grief work. All that is needed is a commitment to do the work and grow in your grief. With grief in your heart, you will never be the same again; yet there is hope in finding meaning and reinvesting in your future. Call or text Brenda to register: (306) 227-732-7323 or email livingandloss@gmail.com. Cost: \$10/session.

# **Knights of Columbus Brothers' Keepers Breakfasts**

are held on the second Tuesday of each month, beginning at 7 a.m., with breakfast at 8 a.m. with the next breakfast on **Tuesday**, **April 13** at Queen's House, 601 Taylor St. W., Saskatoon. Please note that men of all denominations are welcome. Suggested donation of \$10 / gathering. To check on availability of meals being served at this time of pandemic, call Brendan at (306) 242-1916, Extension 225.

# A Lent-Holy Week Retreat: From Yesterday to Tomorrow in a Time of Pandemic

with facilitators: Nancy Phillips and Julien Fradette will be offered on Zoom from 9:30 a.m. to 4:30 p.m. **Saturday March 27**. This past year has required us to live differently. For some, the adjustment to this journey has been slight, for others monumental. In whatever way we have experienced this time, we are all called to find new ways of living as we transition from yesterday to tomorrow. Using themes from the Paschal Mystery this retreat will provide an opportunity to reflect on the experience of yesterday's losses and its accompanying process of grieving. These insights will allow us to open space within ourselves to live tomorrow with a new richness in our daily lives. Cost: \$75. A minimum of nine participants are needed to offer this program - registration deadline: March 25. Register online at <a href="https://qh.retreatportal.com/events/f?p=EVENTS:1">https://qh.retreatportal.com/events/f?p=EVENTS:1</a> or leave a message at (306) 242-1916.

# An Imagination Pilgrimage for the Soul: Knitting our Lives into the Sacred Landscape of the Earth

is a four-part online Zoom retreat series with Marg Janick-Grayston offered from 1 p.m. to 4:30 p.m. on **Monday afternoons**, **April 19 - May 10**. Although some pilgrims have wandered continuously with no fixed destination, pilgrims more commonly seek a sacred place that deepens their connection with the divine. Over the years people have found spiritual connection by lakes, at vistas, on mountains, and in sacred gardens. During this time when travel has become challenging, this retreat invites us to take an imaginary pilgrimage across Canada, in the company of others. Cost: \$120/4 sessions. Contact Marg to register: marg@freeflowwellness.ca. Registration deadline: April 12.

# Holy Presence in a Time of Isolation: Invitations and Challenges of Parish Nursing

is a retreat on Zoom for parish nurses facilitated by Ana Gheyssen to be held from 1 p.m. to 3 p.m. **Monday, April 19.** When the worlds of so many people have shrunk to the confines of their homes their world consisting of phone and video calls and their only interaction with loved ones outdoors

"when weather permits" - how can presence and prayer be part of our lives in isolation? Let us begin by inviting a holy presence within ourselves by praying the 23rd Psalm together. During this retreat we will pause to contemplate three images: green pastures, a table set before me, and my cup overflows. In these images, we will find a way to be grounded, a way to be supported, and a way to be grateful. In these two hours, we will take time for consideration of the topic, reflection questions, and group discussion and personal support, as we strive as parish nurses to be a holy presence to others during this time of isolation. Cost: \$25. Registration deadline: April 16. Register online at <a href="https://gh.retreatportal.com/events/f?p=EVENTS:1">https://gh.retreatportal.com/events/f?p=EVENTS:1</a> or leave a message at (306) 242-1916.

# **Spiritual Direction:**

If you are interested in having a mentor and companion to accompany you on your spiritual journey contact Sr. Adeline Behm: (306) 242-1916, extension 228 or e-mail <a href="mailto:spiritualdirection@queenshouse.org">spiritualdirection@queenshouse.org</a> or visit <a href="http://www.queenshouse.org/?page\_id=463">http://www.queenshouse.org/?page\_id=463</a> to see a list of our affiliated spiritual directors. In-person and online meetings are available.

# Do You Need a Place to Stay or Meet? Consider Queen's House!

To inquire about booking space at Queen's House, contact our Bookings Coordinator: (306) 242-1925 or e-mail

bookings@queenshouse.org. We are following all safety protocols as we re-open to the public.

# Scam Alert

Please be aware that fraudulent messages continue to circulate via email, as well as via text and message apps, allegedly coming from our priests, bishop, or others in the Catholic community, asking for money, gift cards, or other gifts. Please **DISREGARD all such messages!** Do NOT reply or engage with the individuals sending these messages. The email addresses typically look like they could real. The message asks if you are busy, ask for a favour, or directly as for iTunes gift cards or funds. **Do NOT send gift cards, money, or cash transfers if requested to do so over email or via text message.** If you receive messages asking for help like this from our bishops or priests, either contact their offices directly to check whether they are authentic or ignore them. If you are a fraud victim, contact your local police or RCMP office.

# **COVID-19 update in the Diocese of Saskatoon**

During this difficult time, your parish is here for you!

Check with your local parish to find out what the guidelines are for attending Mass and visiting the church in person. Find parish contact info at: <a href="https://rcdos.ca/parishes-mass-times-list/">https://rcdos.ca/parishes-mass-times-list/</a> Check with your parish to find out how you can stay connected to your community, receive the weekly bulletin and other parish news.

Find livestream broadcast of Mass from a number of parishes in our diocese posted at

https://saskatoonmass.com/

- Find latest COVID-19 updates and liturgical directives at https://rcdos.ca/covid-19-updates
- Catholic Saskatoon News is also posted at https://news.rcdos.ca
- You can make donations to any parish at <a href="https://dscf.ca/parish-offertory/">https://dscf.ca/parish-offertory/</a>

Please visit individual parish **websites or call local parish offices** for more information about times, restrictions and process for attending public celebrations while emergency health orders restricting gathering size are in place. Please note the following points:

- A general dispensation from the Sunday obligation to attend Mass will remain in effect.
- Personal distancing must be consistently practiced.
- Liturgical changes will be in place with respect to celebrating Mass and receiving Holy Communion.
- There will still be a risk for anyone who attends a public Mass or enters a public space.

Please note that **live-streaming of Mass will continue**. Find live-streaming of Mass and prayers at <a href="https://saskatoonmass.com">https://saskatoonmass.com</a>

#### **Act of Spiritual Communion**

"My Jesus, I believe that you are present in the Blessed Sacrament. I love You above all things and I desire You in my soul. |Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You were already there, I embrace You and unite myself wholly to You. Never permit me to be separated from You. **Amen**." – *St. Alphonsus Liguori* 

#### DIOCESE OF SASKATOON CATHOLIC FOUNDATION



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Thank You!